



*"Let's keep our lake great"*

# *WIND SWEEP*

*The Lake Manitou Area Association Newsletter*

October 2010

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## Editor's Note – "Pat yourself on the back"

We all know how it feels to be acknowledged for a job well done. A simple gesture like saying "Thank you" costs nothing yet means so much, so I am going to take the this opportunity to thank all those who work so diligently to "Keep Our Lake Great"!

Your LMAA directors are a diverse group. Be it age, occupation, country of residence, time spent on the beloved Manitou, they all put themselves forward in some capacity to contribute to the betterment of our lake. While their efforts are acknowledged annually by the membership at our AGM and annual Information Night, patting one's self on the back from time to time is good for the soul. So I am taking the liberty of doing so on behalf of the executive. Well done, directors!



**LMAA directors attending the 2010 Spring FOCA meeting.**  
(L-R Education Coordinator Pat Costigan, President Mike Costigan, & Treasurer Don Payne)

Note: this photo was taken from the FOCA website – "October Elert"

Secondly, I would like to thank the contributors to this edition of the newsletter. My recent plea at this year's AGM to broaden the scope of the newsletter was intended to get/give more opportunity for the membership to get involved, as well as broadening the scope of the newsletter a little. **I am pleased to say that the response has been overwhelming!** In fact I don't have enough room in the newsletter to use them all. “Thank you” to all those that had the time and interest to do so! I have archived unused submissions for future newsletters. I hope you enjoy the newsletter....I think it is the best one yet!

Lastly, kudos to the general membership for their interest in supporting the association's mandate and promoting membership amongst their neighbors. The LMAA's success is dependent on membership growth & it grew again this year thanks to your efforts. It now stands at 232, up 8% from last year! Keep up the great work

## TREASURY & MEMBERSHIP by Don Payne

Here is a friendly reminder from two departments – Treasury and Membership

1. **The fiscal year of the LMAA is from July 1 to June 30**, so it would be appreciated if membership dues were paid, by cheque in **Canadian funds** on or **before July 1 or no later than August 31** as stated in the Bylaws. Please do not send in cash (bills) as there is no way of identifying whose money it is or for what purpose it is intended.
2. Please include the Renewal form with your payment because it has more than one purpose:
  - a) It allows you to tell the treasurer how much you are paying and for what purpose and period,
  - b) It is part of the bookkeeping operation in that it becomes part of the paper trail required by the auditors,
  - c) It is one of the ways that the Membership Secretary gets notification of any change of contact information-particularly a change in email address for those who get their newsletter by email,
  - d) It is a way to tell the Membership Secretary what your cottage address is so that we can physically reach you if we have to deliver something to your cottage. The Post Office, for privacy reasons, will not tell us what your municipal address- the number and street, road, lane or trail you live on- is, so your RR# and your town address will not get us there. “162 Turkey Trot Trail” is better than just “RR1 Mindemoya”,
  - e) It is one of the ways that you can send a note to the Executive, Board or Committee.
3. **The Board has decided that it will no longer ask members to print out the membership renewal form. Instead, during the month of May, you will receive a membership renewal form in the mail.**
4. **IMPORTANT.** The post office will not forward your letters to me at the cottage during the summer months if they don't have my name on them. If you just address your letter to LMAA at my Markham address, it will just sit in my mailbox all summer or until I go home for a visit.

## Information Night 2010

Well the hard work of education committee (Mary Lohead, Pat Costigan, & John Harvey) was evident once again this year. There was standing room only for this year’s annual gathering at the new Sandfield school



LMAA member and lawyer Mac Sinclair

house on August 12, 2010. The first speaker of the evening was lawyer and LMAA member **Mac Sinclair** who spoke about a topic that is near and dear to all cottagers’ hearts, “**Cottage Succession**”. He summarized the options of estate planning with regard to leaving your cottage to future generations. He then answered any questions that association members had regarding his overview.

**Mr. Tom Moore**, founder of **Friends of Misery Bay**, outlined the history and geological significance of the Misery Bay Provincial Park with a slide show that was enjoyed by all.



Tom Moore - founder of Friends of Misery Bay



Paul Methner – Operations Coordinator of the Blue Jay Creek Fish Culture Station

As always, the crowd was particularly attuned to **Paul Methner**, for his annual update on the health of Lake Manitou. He was happy to report that fish stocks in Lake Manitou are good be it lake trout, small mouth bass, or walleye.



Marcus Mohr – LMAA Director & project coordinator for Manitoulin Streams

The evening was wrapped up with our newest **LMAA Director Marcus Mohr**, who also happens to be **the interim project coordinator for “Manitoulin Streams”**. He summarized the summer projects that the organization had undertaken and spoke to the close ties that exist between the LMAA and Manitoulin Streams. Manitoulin Streams will soon become a “non profit” organization which means that “charitable donations” can be made and receipts will be issued. Future projects are going to require more funding and this move aims to be a new revenue stream for them as they move forward.



## 911 Signs Well Received

This year’s AGM was used to debut the association’s latest strategy in promoting membership. Thanks to LMAA member **Dave Anderson**, his suggestion was realized by the association this year and is receiving rave reviews.

As part of your 2010 annual fees, members received their signs. Permission was granted from all townships that surround Lake Manitou to fasten these signs to your 911 post. However, it is suggested that visibility be the intention of locating your sign. **We want passers by to see it!**

Signs were handed out at both the “AGM” and the “Information Night”. The feedback has been very positive, in fact interest from surrounding lake associations has been received. If you don’t have yours yet, you can get one next year at the AGM or by contacting a director in your vicinity.



## Welcome New Members

Membership has grown significantly this year...please welcome the following:

Murray & Janice Arnold  
Carey & Denise Bond  
Louie & Helene DeLonghi  
Terry & Georgie Hari  
Brian & Carmen Hatton  
John Kemp  
Steve & Kim Mann  
John & Marriane Maunders  
Laurie McCracken  
Marcus Mohr  
Wayne & Sandra O'Brien  
Richard & Liz O'Leary  
Tom Trestain  
Peter Valentini & Lee-Ann Bortolotti  
Bruce & Joanne Vendramin  
Ivan White

A reminder to all members to **PAY your ANNUAL dues** and keep us up to date on changes to your personal information so we can keep you informed of association happenings!

**We look forward to your involvement and continued membership!**

## Manitoulin Streams Project Summary submitted by Marcus Mohr

### ***Mindemoya River - North of Providence Bay***

This summer we began work at three sites (MIN 302/304/306) on the Mindemoya River. These river stretches are located between Monument Road Bridge and the Blue Road Bridge in Mindemoya. Mindemoya River is the 5th waterway on our 'Top 10 Priority List'. The work itinerary included extensive repair of the stream bank, installation of hundreds of meters of cedar rail and electric fences, and restoration of the surrounding riparian zone using geo-textile matting and hundreds of ash and cedar trees. In addition, a cattle crossing was installed through the river to link two grazing fields, and provide the cattle with a water source without resulting in problems of erosion.



### ***Manitou River- Southwest of Sandfield***

Two more sites (M 64/65) on the Manitou River were completed this summer. These river sites are located between Sandfield and Case Road in Central Manitoulin. The itinerary for these sites included an erosion-free access ford, improvements to the existing cattle-watering ramp, 11 excavated pools, 2 LUNKERS, vortex weirs, W-weirs, and wing deflectors.

### ***Mill Creek- Meldrum Bay.***

This summer, we partnered with the Dawson Citizen Improvement Association, to rehabilitate Mill Creek (sometimes called South Creek). This creek is spring-fed and feeds into Lake Huron at the South end of Meldrum Bay. The itinerary of this project included channeling the stream to make it deeper, rebuilding the stream bank to make it narrower, removing an uninhabited beaver dam, adding spawning gravel, and in-stream structures such as root wads and boulders. In addition, several rock weirs, which encourage sediment scouring, and wing deflectors, which encourage bank stabilizations, were added to the stream. The goal is to make this stream more hospitable to spawning fish in order to offset the habitat lost from the new break wall in Meldrum Bay.

### ***Bass Lake Creek- Sheguiandah***

This summer, we worked with the Little Current Fish and Game Club to put in an addition onto the lower Bass Lake Creek site. The addition was a 5 x 7 X 1.3 meter spawning pool that was chiselled out of the bedrock, along the north edge of the bank. The deep pool will stay wet during periods of low water, and will stay cool in the hot summer climate. Also, 30cm of spawning gravel was added to the pool, making it prime real-estate for a spawning fish.



## Build a Bass Nest submitted by Marcus Mohr

### Step 1:

Start with a large “Initiator Rock” in approximately 1 meter (3’) of water depth near the shoreline. Construct the nest away from locations where it will pose a navigational or safety hazard.

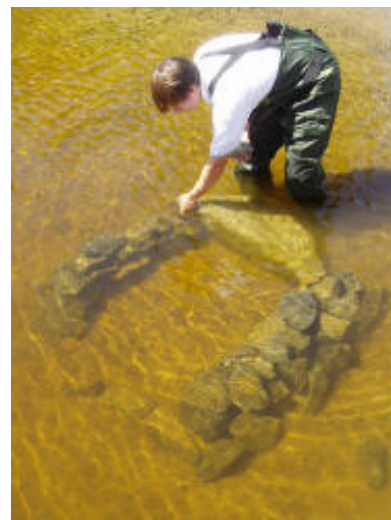
### Step 2:

Use stones of this size range to construct walls of nest. The wall width can be constructed wider as this will create more spaces for bass fry to hide in and will provide ideal habitat for the crayfish and aquatic insects that the bass feed on.



### Step 3:

Pile rocks in a horseshoe shape with the open side facing off shore towards the deeper water. The area inside the nest walls should be about the size of a car tire.



**Step 4:** Place a low row of stones across mouth of the nest to hold the gravel in.

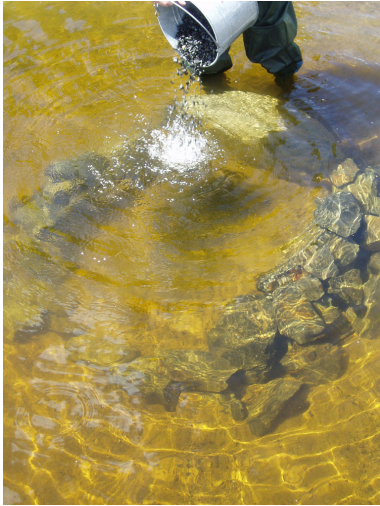


### Step 5:

Use pea sized gravel as the ideal spawning substrate for bass eggs to be incubated on.



**Step 6:** Add clean pea gravel to the interior of the nest.



**Step 7:**

Spread out gravel evenly to a depth of about 10 cm (4") on the interior floor of nest.



**Step 8:** A completed nest ready for a nesting bass.



**Enjoy your accomplishment and know that your efforts can help make a difference in protecting and enhancing the fisheries of Lake Manitou.**

## More Lake Manitou History

### **History of East Road** - submitted by Alex Lohead

It was a cold December night when Harriet quietly mentioned to Richard that they were almost out of oatmeal for their morning porridge and he should take a bag of oats down to McDonald's Mill tomorrow. Richard, of course, had another opinion and discussed all the reasons he should wait until one of the neighbours were going that way and he would go with them. He explained that a 100 pound bag of oats was a bit bulky and got really heavy after a couple of miles and that road out through Silver Bay was a long way to Sandfield. Harriet responded that he should go down that deer trail that goes down the East side of the Township, the one that Indian lad up on Paul's Point uses. She explained, “It must be a reasonable trail because he uses it a lot and after all, Concession 11 is another mile and a quarter further up the shore than we are at Concession 10. Anyway, there is not much snow in the bush and no doubt some stumps are cut off fairly high so that you could just back up to rest your load on it.”

“But what about those sun dogs in the sky tonight? We both know that calls for snow, and I will be into that,” replied Richard. “And you realize I don’t know that trail down there. I was only deer hunting once in that area.”

But Harriet's reply was quite firm, “I don't really care which road you take but that trail down the East side of the Township is a lot shorter and you can always watch the lake from most of it. Also, it is not too far for you until you come to the Lime Kilns and there is a wagon trail from there down to Sandfield and someone might be still hauling lime and would give you a ride. It is not much of a decision in my mind which way is best and you are going TOMORROW!”

“Well, I guess I will go the East Trail then and now I am going to bed. By the way did you ever get my heavy mitts darned? It is going to be cold.”“ I'll darn your mitts. You just remember to ask Mr. Johnston when he is making up the rolled oats to throw a little flax seed in with it and some cracked wheat, it helps the flavour.”

And so the East Road started to evolve as a "given" road, which means basically the land owners have allowed the general public to use the road and this is still true of some parts of the East Road even today. The township maintains the road and has purchased the right of way on most of it but there are some parts still a "given" road. The East Road, as we know it today, is an important throughway for many of our township residents and is still a "shorter" way for many.

### **The Della S.** submitted by Pat Costigan

**The Della S.** was the first steamship on Lake Manitou. Robert Stapleton, who married Mary Ann Bassingthwaite, built the first saw-mill in the Big Lake area in the early 1880's. He also had a blacksmith shop. In 1888 he built a steamship with a 55-foot keel at his mill and moved it up the road to where Cannard's Lane is today, down through the bush on Bassingthwaite's farm and launched it in Lake Manitou. Robert named this vessel “The Della S.” after their first child. This steamship sailed 2 days a week to Vanzant's Landing and other points on the lake, carrying mail, passengers & cargo in the period before roads were



available. The passengers were met by George Morrow who took them into Manitowaning to shop. He brought them back in the afternoon to catch the Della S. which brought them home again.



## GRANDKIDS WEEK – NOW A ‘SUBDIVISION’ AFFAIR

Submitted to the LMAA by Lana & Bob Sissons

For more than 30 years the Frank Hutchinson cottagers have shared a special bond as their families grew up enjoying cottage life. Somehow time brought about changes to our situation and over the past several years we have had a new group enter our cherished cottage domain. These were “Grandkids”. Each family separately seemed to invite their grandchildren – usually without their parents – to visit for a week or so. And – just as our own children had done, our grandkids made friends of these annual visitors and looked forward to visiting when their friends would be here.

Each morning a large group (*comprised mainly of Grandmothers*) stays fit by walking and talking the length of Frank’s Road. It was on these morning treks that a plan was born to help make the 2010 visit of Grandkids a bit more special. Four families - The Corelli’s, (2 grandkids), Dewars, (2 grandkids), Sissons (6 grandkids), and Foreman’s, (3 grandkids) added to the plan that Lana Sissons, (Nana Lana) had used in past years and set out to create a most memorable experience for these young guests.

The week went something like this:

**Sat** - Welcoming campfire and sing song at Sissons cottage

**Sun** - Make Tie / Dye personalized T-shirts - Waterfront Activities (Hot Dogging) - Fossil Hunting

**Mon** - Golf for older participants – Games and Crafts for Younger – Lunch at Nana Lana’s – Dance & Talent show

**Tues** - Waterfront and small group games – Lunch at Nana Nancy’s – 9 Progressive games – Fish & Chips in South Baymouth

**Wed** - Picnic and Beach Day at Providence Bay – Kayaking Swimming Hot tubbing – “Man Hunt” game in Evening

**Thurs** - Rainy day activities in home cottage – Lunch at Nana Gayle’s – Scavenger Hunt & Volleyball – Movie Night (2 shows in 2 locations)

**Fri** - Bridal Veil Falls – (hike the trail – swim – jump off the pier - visit Chocolate Works & Candy store) - Frisbee Golf, and Camp fire in the evening

**Sat** - Bocce Games – ‘Dive for Treasure’ – Lunch at Nana Marlene’s – Play “Family Feud” – complete a Time capsule



The week ended with a small trophy award presented to each grandchild recognizing his or her special characteristics and contribution. All week long the children were videotaped and they watched nearly 2 hours of these videos with great delight as they relived the joys they had experienced. Each family was given a copy of the video.

**Our 13 Grand kids – Friendships we hope will last forever!**

The amazing part of the week was the bonding that took place amongst the children aged 8 to 16. There was also more closeness felt by all the grandparents as we each relived a part of camping that happened for us when our own children bonded with each other a generation ago.

We caused a problem though.... This is the modern day and the children are active on the social networks and are texting one another regularly. The expectations for Grandkids Week 2011 are already extremely high and may be exceeding the energy levels of the aging hosts. But you can be certain of one thing. No matter how high the expectations, the grandkids will be welcomed back and.... WE'LL TRY!!!

The Hosts: Left to Right –*Nancy & Doug Foreman, Marlene & Darrell Dewar, Bob & Lana Sissons, Gayle & Ron Corelli.*



## Cottage Cuisine

**Manitoulin Smoked Trout Spread** submitted by Michelle McCallister

12 ounces cream cheese, at room temperature  
1/3 cup sour cream  
1 tbsp freshly squeezed lemon juice  
6 dashes Tabasco sauce  
3 scallions (white and green parts) thinly sliced  
3 tbsp capers, rinsed and drained  
8 oz smoked trout, coarsely chopped  
Fresh or dried dill to taste  
Freshly ground pepper  
Crackers or French baguette sliced

Puree the cream cheese, sour cream, lemon juice, and Tabasco in a food processor (or use an electric mixer). Add the scallions, capers, trout, dill and pepper and pulse to blend. Serve chilled or at room temperature with crackers.  
(will last several days in the refrigerator)

\*\* smoked salmon can be substituted for smoked trout.

**“This is one of our favorite cottage appetizers.....enjoy” ....Michelle McCallister**


## Crock Pot Turkey Stuffing submitted by the Costigan family


6 c. stale bread crumbs	¼ tsp pepper
1 small minced onion	1 tbs poultry seasoning
1 c. diced celery including leaves	1 tsp sage
¾ cup butter	½ tsp celery salt
1 ½ tsp salt	¾ c. hot water
1 tbs dried parsley	

Cook onion and celery in butter over low heat, stirring occasionally until onion is soft. Add the seasonings. Now add seasoned onion, celery and butter to the bread crumbs and stir lightly with a fork. Gradually add the hot water and stir lightly. Spray the crock pot with Pam and pour mixed dressing in. Cook on high for 3 hrs stirring regularly. This recipe serves 6 adults. Multiply as necessary.

**“I made this for an “Eagle’s Nest” summer dinner party to accompany the neighbour’s deep fried turkey.....they asked me to publish it in the fall newsletter....I guess they liked it”....Michael R. Costigan**

## Member Notice Board

 Be a voice in your township. Make sure you cast your vote on October 25, 2010. All townships have vote by mail!


 **The LMAA will be on the web in 2011.** Marcus Mohr and Micheal R. Costigan are currently working on the website. Stay tuned for a March update on its progress. Plans are to launch it in the spring of 2011!

### **I NEED HELP!**

The Lake Manitou Map Booklet is almost complete and we hope to get it to print next spring. I was unable to get any information on the following places:

- |                                      |  |
|--------------------------------------|--|
| <b>1. Duke’s Bay and Duke’s Rock</b> | <b>2. Rosewood Lane</b>                      |
| <b>3. Ryan’s Rd.</b>                 | <b>4. Shirley’s Bay (on the North shore)</b> |
| <b>5. Silver Birches Point</b>       | <b>6. The Palisades</b>                      |
| <b>7. Yellow Rock Point</b>          | <b>8. Kotcamp’s Bay</b>                      |

If you know anything about these places or anyone who could be contacted to get some history, please contact **Pat Costigan** at [patriciawilliamson39@gmail.com](mailto:patriciawilliamson39@gmail.com)

 **Please keep your contact information up to date! If you have a change in mailing address or email address please forward to one of the following:**  
Don Payne at [payne@interlog.com](mailto:payne@interlog.com) or Michael R. Costigan at [mikecostigan@hotmail.com](mailto:mikecostigan@hotmail.com)



## **LMAA – Directors, Officers, Project Coordinators**

<b>Title/Position</b>	<b>Winter Address</b>	<b>Summer Address</b>
<b>President:</b> Mike Costigan Silver Bay Road Area	20 Muskoka Court Kitchener, ON N2B3M2 (519) 576-1912 <a href="mailto:patriciawilliamson39@gmail.com">patriciawilliamson39@gmail.com</a>	RR1 Site 15 Comp 3 Mindemoya, ON POP 1S0 (705) 377-6640
<b>Vice President:</b> Paul Moffat Holiday Haven Area	Box 41 – 78 Heron Trail Manitowaning, ON POP 1N0 (705) 859-3362 <a href="mailto:herontrail@gmail.com">herontrail@gmail.com</a>	Same
<b>Past President:</b> Peter Edward		
<b>Secretary:</b> Effie Williamson Eagle’s Nest Area	459 Sierra Dr. Traverse City MI 49684 (231) 943-8333 <a href="mailto:litemetals@yahoo.com">litemetals@yahoo.com</a>	RR2 Manitowaning, ON POP 1N0 (705) 859-3559
<b>Treasurer:</b> Don Payne Silver Bay Road Area	35 Christman Court Markham, ON L3P3C7 (905) 294-4819 <a href="mailto:payne@interlog.com">payne@interlog.com</a>	RR1 Site 15 Comp 6 Mindemoya, ON, POP 1S0 (705) 377-5284
<b>Director &amp; Lake Steward:</b> Mike Thompson Holiday Haven Area	153 Old Mill Trail Manitowaning, ON POP 1N0 (705) 859-2423 <a href="mailto:michael_nancy_manitou@hotmail.com">michael_nancy_manitou@hotmail.com</a>	Same
<b>Director &amp; Map Coordinator:</b> John Harvey Silver Bay Road Area	661 Lansdowne Ave Woodstock, ON, N4T 1K3 (519) 537-2996 <a href="mailto:thorajohn1@rogers.com">thorajohn1@rogers.com</a>	RR1 Mindemoya, ON POP 1S0 (705) 377-5269
<b>Director/Newsletter Coordinator:</b> Michael R. Costigan Eagle’s Nest Area	4 Nuttal St. Cambridge, ON, N3C 4J3 (519) 654-7324 <a href="mailto:mikecostigan@hotmail.com">mikecostigan@hotmail.com</a>	RR2 Manitowaning, ON POP 1N0 (705) 859-2705
<b>Director:</b> John Coulter Rockville Area	3380 Military St. Port Huron, MI 48060 (810) 987-7527 <a href="mailto:coulterslanding@comcast.net">coulterslanding@comcast.net</a>	Manitou Haven Trail RR1 Mindemoya, ON, POP 1S0 (705)377-4709
<b>Director:</b> Joel Dwyer Rockville Area	504 South Lebanon Bryan, OH 43506 (419) 636-4487 <a href="mailto:jcdwyer@cityofbryan.net">jcdwyer@cityofbryan.net</a>	220-D Demmy’s Rd. RR1 Site 3 Comp 13 Mindemoya, ON, POP1S0 <a href="mailto:jcdwyer@amtelecom.net">jcdwyer@amtelecom.net</a>
<b>Director:</b> Alex Lohead Sandfield Area	38-9 Cadeau Court London, ON N6K 4TS (519) 473-0597 <a href="mailto:jaloche@hotmail.com">jaloche@hotmail.com</a>	Box 9 RR3 Tehkummah, ON POP 2C0 705-859-3505
<b>Director:</b> Jim Rouse Rockville Area	205 Deerwood Dr. Kilburn, ON, KOA 2H0 (613) 839-4309	36 Lake Manitou Trail Mindemoya, ON, POP 1S0 705-377-4966
<b>Director &amp; Lake Steward - Windfall Lake:</b> Marcus Mohr	RR1 Mindemoya ON POP 1S0 (705) 377-5700 <a href="mailto:mmohr.ca@hotmail.com">mmohr.ca@hotmail.com</a>	517 Frawleys Ln Mindemoya ON, POP 1S0
<b>Education Coordinators:</b>	Mary Lohead, Pat Costigan & John Harvey	See Above